

# SORTING INSTRUCTIONS

## Brown lid



### Food waste



Peel/cores/  
old fruit/vegetables



Baked goods



Teabags/coffee filters/  
coffee grounds



Fish/shellfish



Meat/small bones



Nut shells/eggshells



Small quantities of soiled  
kitchen roll/paper towels



## Grey lid



### Residual waste



Diapers/nappies



Cold ash/charcoal



Potted plants/flowers



Broken  
toys



Wrapping  
paper



Candles



## Blue lid



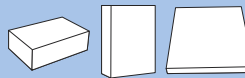
### Paper and cardboard



Newspapers/advertising



Magazines/  
periodicals



Cereal boxes/  
pizza boxes/shoe boxes



Milk/juice cartons



Envelopes



Sauce/pudding cartons



## Green bag



### Plastic packaging



Plastic bags



Plastic tubes/plastic jugs/  
cups/containers



Plastic wrapping from  
meat, fish, fruit, berries,  
vegetables, cheese, etc.  
Coffee/chips bags



Plastic bottles that used  
to hold cleaning agents/  
shampoo/dressings, etc.



Plastic flower pots



Snus containers



## Recycling station

All waste, except food waste, ammunition, explosives, contagious waste and radioactive waste, can be brought to the recycling station.



Garden waste



Clothes, fabric and  
shoes



Paper and  
cardboard



Rock, dirt and  
concrete



Plastic  
packaging



Major  
appliances



Styrofoam



Small appliances and  
consumer electronics



TVs and monitors



Windows



Hazardous  
waste



Residual  
waste



Lightbulbs and  
fluorescent tubes



Wood



Batteries



Metal

Go to [www.mna.no](http://www.mna.no) to find a list  
of our recycling stations